

Franklin Parks & Recreation

MASTER SWIM CALL-OUT MEETING

Wednesday, November 2nd, 2016
Franklin Community Middle School Pool
625 Grizzly Cub Drive, Franklin 46131

***Enter through the south doors with the blue paw print above*



Learn about the great benefits of Franklin Parks & Recreation Master Swim, meet the coach, and be at the first practice!

Early Registration for this month of FRP Master Swim Club: 7-7:30pm

Mel Goldstein with the US Master Swim National Office will speak,
followed by the FRP Master Swim Coach Jon Kim at 7:30pm.

First practice session will be held immediately following until 8:30pm.

Early Registration Cost: \$40, requires USMS registration (*will have one-time 30 day waivers if needed*)

Normal Monthly Registration Cost: \$48, requires USMS registration

To participate in practice you must register for this month. If you want to come for information and watch practice, no registration is required! You may register prior at the Franklin Parks and Rec or online at register.franklinparks.org under Aquatics. For USMS registration go to www.usms.org/reg/.

Who should attend? Anyone 18 and older.

Swimmers of all ability are absolutely welcome! Practices will have lanes designated for all levels.

Equipment: If registering and participating – bring suit, goggles and cap if wanted.

Questions: Contact Kendall Paris, Aquatics Director at kparis@franklin.in.gov or (317) 346-1199



JON KIM, MASTER SWIM COACH

Jon was born in Honolulu, HI and raised on the Southside of Indianapolis. He swam competitively through middle school and high school, and worked as a swim instructor at the Baxter YMCA. During college, he coached swimming at the high school and club levels and competed in triathlons. Jon also works as the manager at Anytime Fitness in Bargersville and at Gray Goat Bicycle Co. on weekends. He is happily married to his wife Stephanie. His other passions include strength training, cycling, and watching his Green Bay Packers.



MEL GOLDSTEIN, FOUNDER AND ASSISTANT COACH

Mel has extensive swimming and coaching experience going back many, MANY years and his expertise is invaluable to our program. Having served on the first FINA Masters Congress in 1994, Masters swimming is Mel's passion. He also served as Treasurer for USAS, the National Governing body for all US Aquatic Sports, and was the first USMS representative to be on USAS. As far as USMS goes, Mel served as both Secretary and President for 8 years, was named 2001 USMS Coach of the Year, is currently the Club and Coach Development Director. And, in September 2012, Mel was inducted into the International Swimming Masters Hall of Fame. The author of two books on Masters swimming, Mel is currently an ASCA Level V Certified Coach and coaches for IAM at the IUPUI Natatorium, Butler University, the Riveria Club, Fishers High School, and North Central High School. Mel's favorite stroke is butterfly.

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Life
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Franklin Parks & Recreation
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